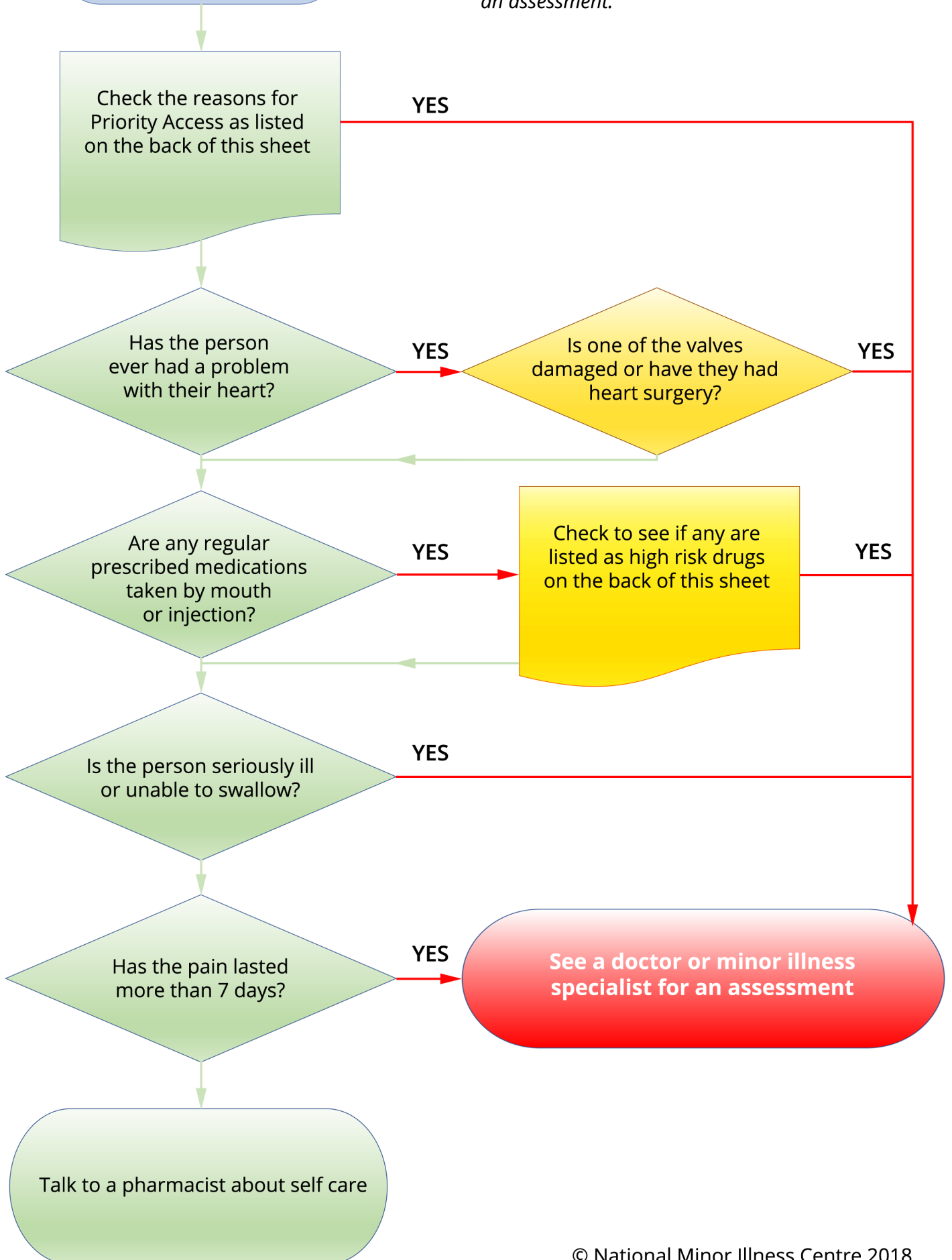


Sore Throat

This guide is based on NHS policies, but it cannot cover all the possibilities. If you think that there is a special reason why you need an appointment which we have not listed here, please dial 111 for an assessment.



Priority Access

Patients who are especially vulnerable to infections will be given priority when they request a same-day appointment.

This includes:

- **Babies under six months old**
- People with:
 - **Serious breathing problems** (e.g. severe asthma or COPD)
 - **Current cancer treatment**
 - **End of life care**
 - **Problems with the immune system (“immunosuppressed”):**
 - **HIV, leukaemia, poorly controlled diabetes, or spleen problems**
 - **Transplant** patients
 - Taking medicines that increase the risk of infection, such as **prednisolone (steroid tablets)** or **chemotherapy**
 - Treatment from a **rheumatology** specialist such as methotrexate or “biologicals”

High Risk Medicines

- Prednisolone – or other steroids
- Arthritis medicines from a rheumatologist e.g. Methotrexate or steroid injections
- Carbimazole or Propylthiouracil thyroid medicines
- Clozapine or Mirtazapine for mental health
- Any medicine where the leaflet says “consult a doctor if you develop an infection”