This guide is based on NHS policies, but it cannot cover all the possibilities. If you think that there is a special reason why you need an appointment which we have not listed here, please dial 111 for an assessment.

Cystitis

Check the reasons for Priority Access as listed on the back of this sheet

Is the person a man, child, or pregnant woman?

Is there any fever, back pain or blood in the urine?

Does the person have a history of kidney problems?

Does the person have a catheter?

See a doctor or minor illness specialist for an assessment (Be prepared to give a sample of urine)

Book a telephone appointment to arrange a prescription for an antibiotic.
Priority Access

Patients who are especially vulnerable to infections will be given priority when they request a same-day appointment.

This includes:

• **Babies under six months old**

• People with:
  
  • **Serious breathing problems** (e.g. severe asthma or COPD)
  
  • Current cancer treatment
  
  • **End of life care**
  
  • **Problems with the immune system** (“immunosuppressed”):
    
    ▪ HIV, leukaemia, poorly controlled diabetes, or spleen problems
    
    ▪ **Transplant** patients
    
    ▪ Taking medicines that increase the risk of infection, such as **prednisolone (steroid tablets)** or **chemotherapy**
    
    ▪ Treatment from a **rheumatology** specialist such as methotrexate or “biologicals”